

DOT Neurology Letter

Date: _____

The Offices of Gonstead, Stangl, and Arkowski
Chiropractic and Massage Therapy
503 E. Clairemont Ave
Eau Claire, WI 54701
Phone: 715-832-2223
Fax: 715-832-7416

Re: Patient Name: _____
Patient D.O.B: _____

Dear Dr. _____

Your patient is applying for a Commercial Driver’s License (CDL). Because of underlying health conditions, new regulations make it imperative that the patient receives a neurology consult. The consult must contain certain tests and opinions. Please complete this form and return it with additional requested information to our office at your earliest convenience.

Diagnosis: _____
Medications: _____

If history of **seizures**, please document the following in a letter on your letterhead:

- Seizure free period
- Length of time off anticonvulsants
- Normal physical examination
- Neurological examination
- Neuro-Ophthalmological evaluation if done
- Neuropsychological testing if done with test results attached.
- Clearance from a neurologist who understands the functions and demands of commercial driving.

If history of **Stroke or TIA**, please document the following in a letter on your letterhead noting that you are a **neurologist who understands the functions and demands of commercial driving** and that the patient is low risk for sudden incapacitation.

Findings of neurological examination including your assessment of:

- Cognitive abilities
- Judgment
- Attention
- Concentration
- Vision
- Physical strength and agility
- Reaction time
- Type of stroke: _____
- Time from the Stroke: _____
- Date of last visit: _____

Minimum waiting periods:

For Embolic and Thrombotic Strokes, the minimum waiting periods are

- 1 year if not at risk for seizures (cerebellum or brainstem vascular lesions)
- 5 years if at risk for seizures (cortical or subcortical deficits)

For strokes without risk for seizures, Intracerebral or subarachnoid hemorrhage without risk for seizures, the minimum waiting period is one year.

For Stroke with risk for seizures.

If Intracerebral or subarachnoid hemorrhage with risk for seizures, the minimum waiting period is 5 years seizure free and off seizure medication.

TRAUMATIC BRAIN INJURY (Severe TBI will not get CDL)

The driver with a mild or moderate TBI must meet the following criteria. Please check **all** that apply:

- Completed the minimum waiting period seizure free and off anticonvulsant medication.
- Seizure free
- Normal physical examination, neurological examination including neurophthalmological evaluation
- Normal Neuropsychological testing. Please attach test results.

Please supply a letter on your letterhead giving medical clearance noting that you are a neurologist who understands the functions and demands of commercial driving and that the patient is low risk for sudden incapacitation.

The minimum waiting periods for certification for CDL licensure following a traumatic brain injury are:

- Mild injury without early seizures, 1 year seizure free and off anticonvulsant medication following:
- Moderate insult without early seizures OR mild insult with early seizures, minimum 2 years seizure free and off anticonvulsant medication.
- Moderate insult with early seizures, minimum 5 years seizure free and off anticonvulsant medication

Thank you for your assistance with your patient obtaining a CDL license. Please call us if you have questions about the certification process.

Sincerely,



Gonstead, Stangl, and Arkowski Chiropractic and Massage Therapy Providers